

PENNY'S PALAPA

MEXICAN FOOD

SOPAS Y ENSALADAS

TRADITIONAL TORTILLA SOUP

Prepared daily with tortilla, simmered in a Tomato broth and topped with Qeso Fresco, Sour Cream, Avocado and Pasilla Pepper. GF 8.5

CALDO DE MARISCOS

Snapper, Prawns, Scallops and Mussels in a broth of jalepanos, garlic, white wine and tomatos. GF 12.5

THE PALAPA SALAD

Heritage greens garnished with corn, beans, fresh pico de gallo and crispy tortilla strips. Topped with our cilantro-lime aioli. GF 10.5

Add Chicken 4.5

Add Halibut 14

Add Prawns 8

Add Grilled Qeso Fresco 6

BOTANAS

PENNY'S SUPER NACHOS

Corn Tortilla Chips layered with our Black Refritos, Salsa, Two Cheeses, fresh Jalapenos. Topped with a dollop of Guacamole, and laced with Sour Cream. GF 18.5

CEVICHE MIXTA

Seafood cocktail of Halibut and Scallops, marinated in fresh lime juice, onion, jalapeño, cilantro and tomatoes. Served with corn triangles. GF 13.5

Half order 9.5

TOSTADA SAMPLER

3 crispy corn tortillas topped with black bean refritos, greens, sour cream, queso fresco and guacamole. One each of Chipotle Chicken, Pork Pastor and Pablano Peppers. GF 18.5

LET'S TACO 'BOUT IT!!!

HALIBUT TACOS

Seared Halibut fillets loaded with shredded cabbage, fresh pico de gallo, and a choice of zesty yogurt sauce or chipotle mayo. Inside 3 browned tortillas. Served with our Palapa Greens. 19.5

SNAPPER TACOS

Seared Snapper fillets loaded with shredded cabbage, fresh pico de gallo, and a choice of zesty yogurt sauce or chipotle mayo. Inside 3 browned tortillas. Served with our Palapa Greens. 17.5

CHIPOTLE CHICKEN TACOS

3 soft tortillas filled with tender Chicken Breast in our own Chipotle Adobo. Fresh pico de gallo, shredded cabbage and chipotle mayo. Served with our Palapa Greens. 17.5

PORK PASTOR TACOS

3 soft tortillas filled with roasted Achiote Pork. Topped with Fresh Pineapple, diced onions and cilantro. Served with our Palapa Greens. 17.5

VEGGIE TACOS RAJAS

Finally a vegetarian Taco! A mild blend of fresh roasted Poblano Peppers, yellow corn and sour cream in 3 soft tortillas. Served with our Palapa Greens. 17.5

NO TIME FOR THE WHOLE ENCHILADAS?

TRY OUR NEW TAKEOUT TACO WINDOW
FOR ALL YOUR FAVORITE PENNY'S
TACOS ON THE GO!

Single order tacos available at takeout window only.

Substitute Mexican rice, corn and refried black beans instead of Palapa Greens for additional 2.5
Many of our items are Gluten Free. Vegetarian or Vegan options available on request.

PENNY'S PALAPA

MEXICAN FOOD

PLATOS TÍPICOS

BURRITO OF THE DAY

Ask about the featured Burrito! It could be an old favourite or something NUEVO in a wheat tortilla. Served with our Palapa Greens. 17

CHIPOTLE CHICKEN QUESADILLA

A wheat tortilla filled with cheese and roasted Chipotle Chicken, lightly browned, served with sour cream, pico de gallo and our Palapa Greens. 15

PORK PASTOR GRINGA

Roasted pork marinated with guajillo peppers and achiote with cheese, grilled in flour tortillas and served with fresh pineapple salsa and our Palapa Greens. 14

QUESO FRESCO CALIENTE

Spiced and seared queso fresco on a bed of spicy poblano and corn mix served with Refried Black Beans and Mexican rice. GF 19

SEAFOOD ESPECIALIDAD

SEARED HALIBUT WITH PINEAPPLE SALSA

A 6 oz Fillet of seared Halibut with a zesty pineapple salsa. Served with Mexican Rice and our Palapa Greens. GF 27

ROJO SNAPPER PABLANO

A 6 oz Fillet of seared Red Snapper on top a spicy Pablano mix. Served with Mexican Rice and our Palapa Greens. GF 22

CAMARONES AL MOJO DE AJO

Large prawns sautéed in garlic and chilies with a touch of white wine. Served with Mexican rice and our Palapa Greens GF 23

THE WHOLE ENCHILADAS

ENCHILADAS VERDES

Corn Tortillas filled with spiced chicken, smothered in green Tomatillo-Poblano Chile Sauce, and baked with Cheese. Laced with crema and sprinkled with cilantro. Served with Mexican Rice, Refried Black Beans and corn. GF 18.5

ENCHILADAS RANCHERAS

Corn Tortillas filled with spiced chicken, covered with our tasty Ranchera Sauce, and topped with sour cream, queso fresco and pasilla peppers. Served with Mexican Rice, Refried Black Beans and corn. GF 18.5

POSTRE

IN HOUSE MADE FLAN

There is always room for this melt in your mouth traditional dessert. 3.50

SIDES

FRESH GUACAMOLE WITH CHIPS 6.50

PALAPA SIDE SALAD 4.50

BLACK BEAN REFritos 5.0

PICO DE GALLO 2.5

CHIPOTLE MAYONAISE 1.5

CHIPS AND SALSA
Enjoy the first basket on us. 5.5

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BEBIDAS ~ BEVERAGES

MEXICAN FOOD

CERVEZAS

IMPORTED AND LOCAL BREWS

PACIFICO 6

CORONA 6

NEGRA MODELO 7

DOS EQUIS AMBER 6

LONGWOOD ISLAND TIME LAGER
Locally sourced and brewed 6.5

LONGWOOD LOCAL IPA 568ML
Locally sourced within 20kms 8.5

LONGWOOD BERRIED ALIVE 568ML
Locally sourced and brewed 8.5

~ IN VINO VERITAS...~

REDS AND WHITES

HOUSE RED
Sawmill Creek Merlot 7

FEATURED RED VQA
Guarantee that you're sipping a wine that is 100% grown and made in British Columbia. 8

HOUSE WHITE
Sawmill Creek Sauvignon Blanc 7

FEATURED WHITE VQA
Guarantee that you're sipping a wine that is 100% grown and made in British Columbia. 8

TEQUILA!

FRESH SQUEEZED LIME MARGARITA 8

PATRON REPOSADO
A superbly smooth reposado, A blend of delicious Patron Blanco and the sublime Anejo. This reposado is one of the finest available anywhere. A really excellent tequila. 14

BEBIDAS CALIENTES

NEED SOMETHING TO KEEP YOU WARM!
Ask your server about our specialty coffee beverage 7

HOME MADE AND CHILLED

CITRUS ~ MINT ICED TEA
REFRESHINGLY FRESH MINT 3.5

HIBISCUS TEA
Lightly sweetened Organic Hibiscus flower tea. 3.5

FRESH SQUEEZED LIMEADE 3.5

BOTTLED DRINKS

PELLEGRINO MINERAL WATER SMALL BOTTLE 3

PELLEGRINO ARRANCIATA ROSSA 3.50

ALL PRICES PLUS 5% GST ALCOHOLIC BEVERAGES PLUS 10% SST***
DID YOU ENJOY OUR SERVICE? ALL OUR STAFF SHARE IN YOUR GENEROUS GRATUITY.
*** THANK YOU! ***